

## Rhythm Introduction.

These drills are fun to do, but serve the purpose of teaching students beat as well as some basic rhythms.

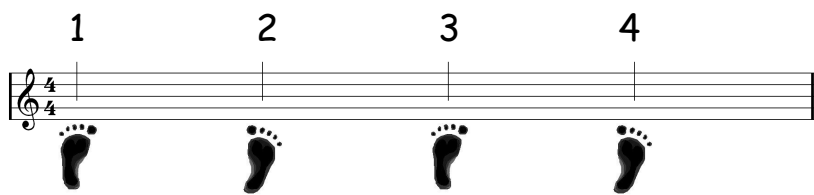
Beat is the underlying rhythm part of a song. It is the thing that we tap our feet to. It is the foundation of the rhythm.

Walk and clap.

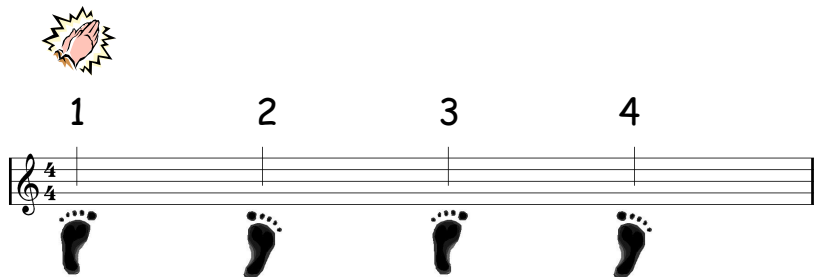
Here students are to walk on the count. This will give them the feel of the beat.

Make sure to practice at different tempos.

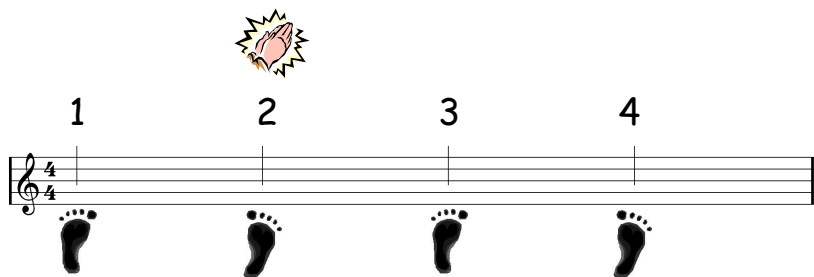
1. Walk on the count. Count out aloud. Make the feet walk ON the count. To help a student get the idea a helper can hold the students hands and "walk" the hands in time. This way



2. Walk on the count. Count out aloud. Make the feet walk on the count. Clap on count 1.



3. Walk on the count. Count out aloud. Make the feet walk on the count. Clap on count 2.



4. Walk on the count. Count out aloud. Make the feet walk on the count.  
Clap on count 3.

1                      2                      3                      4

A musical staff in 4/4 time with a treble clef. The staff is divided into four measures by vertical bar lines. Above each measure is a number: 1, 2, 3, and 4. Below each measure is a black footprint icon. Above the third measure is a hand-clap icon with radiating lines.

5. Walk on the count. Count out aloud. Make the feet walk on the count.  
Clap on count 4.

1                      2                      3                      4

A musical staff in 4/4 time with a treble clef. The staff is divided into four measures by vertical bar lines. Above each measure is a number: 1, 2, 3, and 4. Below each measure is a black footprint icon. Above the fourth measure is a hand-clap icon with radiating lines.

6. Walk on the count. Count out aloud. Make the feet walk on the count.  
Clap on counts 1 and 3.

1                      2                      3                      4

A musical staff in 4/4 time with a treble clef. The staff is divided into four measures by vertical bar lines. Above each measure is a number: 1, 2, 3, and 4. Below each measure is a black footprint icon. Above the first and third measures are hand-clap icons with radiating lines.

7. Walk on the count. Count out aloud. Make the feet walk on the count.  
Clap on counts 2 and 4.

1                      2                      3                      4

A musical staff in 4/4 time with a treble clef. The staff is divided into four measures by vertical bar lines. Above each measure is a number: 1, 2, 3, and 4. Below each measure is a black footprint icon. Above the second and fourth measures are hand-clap icons with radiating lines.

8. Walk on the count. Count out aloud. Make the feet walk on the count.  
Clap on counts 2 and 3.

A musical staff in 4/4 time with a treble clef. The staff is divided into four measures by vertical bar lines. Above the staff, the numbers 1, 2, 3, and 4 are placed above each measure. Below the staff, there are four black footprints, one under each measure. Above the second and third measures, there are two hand icons with motion lines, representing claps.